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Dr. Shana Garrett may be reached at Shana@shanagarrett.com and you may learn more about the services The Shana Garrett Group provides by going to www.shanagarrett.com.

While education is her focus, she also has several years of experience within the counseling field, specializing in crisis intervention and trauma recovery. Dr. Garrett is a Licensed Professional Counselor and holds the designation as a National Certified Counselor. She received her Ph.D. in Clinical Psychology from Saybrook University, her Masters of Arts in Clinical Psychology from Pepperdine University, and her Bachelor of Arts in Counseling Psychology from the University of North Texas. She has inspired many individuals with her gifts of grace and Pure Heart approach. Her special talents make her a wonderful writer, speaker, teacher, administrator, and leader. Dr. Garrett continues to brighten the lives of every student and professional she meets. She makes a personal connection with each person to help them achieve their goals and reach their individual height of success.

secondary education institutions as well as serving as faculty at the North Texas Council of Government-Regional Police Academy in Texas. Her business experience compliments her education service by bringing over 15 years of program development, management, and transformation of her knowledge of proprietary education as well as over eight years of experience as a paralegal.