

## About Dr. Shana Garrett:

Dr. Garrett began her career in education by driving the successes of two online programs for Pepperdine University in Educational Technology, which has led to over ten years of progressive administrator experience in both online and ground platforms. Her administrator experience is supported by several years of faculty experience in both post-secondary education institutions as well as serving as faculty at the North Texas Council of Government-Regional Police Academy in Texas. Her business experience of commitments her education service by bringing over 15 years of program development, management, and transformation of her knowledge of proprietary education as well as over eight years of experience as a paralegal.

While education is her focus, she also has several years of experience within the counseling field, specializing in crisis intervention and trauma recovery. Dr. Garrett is a Licensed Professional Counselor and holds the designation as a National Certified Counselor. She received her Ph.D. in Clinical Psychology from Saybrook University, her Masters of Arts in Clinical Psychology from Pepperdine University, and her Bachelor of Arts in Counseling Psychology from the University of North Texas.

She has inspired many individuals with her gifts of grace and "Pure Heart" approach. Her special talents make her a wonderful writer, speaker, teacher, administrator, and leader. Dr. Garrett continues to brighten the lives of every student and professional she meets. She makes a personal connection with each person to help them achieve their goals and reach their individual height of success.

Recently, Shana published and released her first book "Pure Heart Thoughts: An Approach to Authentic Leadership." Dr. Garrett's phenomenal book has touched the heart of many and inspired a following of diverse people who look to her to inspire and guide them through life's challenges and hardships. "Pure Heart Thoughts" is available by visiting the following link: [http://www.amazon.com/Pure-Heart-Thoughts-Authentic-Leadership/dp/1500425400/ref=sr\\_1\\_1?ie=UTF8&qid=1405975767&sr=8-1&keywords=pure+heart+thoughts](http://www.amazon.com/Pure-Heart-Thoughts-Authentic-Leadership/dp/1500425400/ref=sr_1_1?ie=UTF8&qid=1405975767&sr=8-1&keywords=pure+heart+thoughts)

Dr. Shana Garrett may be reached at [Shana@shanagarrett.com](mailto:Shana@shanagarrett.com) and you may learn more about the services The Shana Garrett Group provides by going to [www.shanagarrett.com](http://www.shanagarrett.com).

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