

Press Release by Jennifer S. O'Reilly

FOR IMMEDIATE RELEASE:

**Shana Garrett Releases New Book Titled "Pure Heart Thoughts: An Approach to Authentic Leadership."**

Chicago, Illinois – August 16<sup>th</sup>, 2014 - Dr. Shana L. Garrett, PhD, has released her first book titled "Pure Heart Thoughts: An Approach to Authentic Leadership." Dr. Garrett's book is written straight from the heart and introduces her "Pure Heart" approach to life both inside and outside the professional and corporate world. Her unique approach has inspired many individuals to change their lives and turn difficult situations around in the workplace structure. Her strong work ethic and core values center around a true and honest belief in others and the fact that she can turn any obstacle around and make an individuals goals achievable and attainable.

Dr. Garrett's Pure Heart approach to leadership came from the realization that most of the time, the situation wasn't personal, but more about her being a part of the solution to the work resolution or problem. After several years of experience with developing teams, talent, and turnarounds, she has been recognized as an organizational leader and mentor to both new talent, those needing a change, and fundamental in elevating the talents and specialties of others. Given her experience in business and academic operations, she is a strategic and creative thinker who develops systems and processes that support the individual employee and/or team, but ultimately delivers on driving personal, professional, and organizational productivity.

"My Pure Heart is an approach that came from a place of working with others in an effort to help them work through barriers and challenges. My responses and efforts came from the heart and most of time because I realized the situation wasn't about me, but people seemed to appreciate my honest and direct approach," says Dr. Garrett.

Dr. Garrett's book will not disappointment you. Whether you are looking for a book to use in your classroom, workplace, or for professional and personal use, "Pure Heart Thoughts: An Approach to Authentic Leadership," will be an asset to you or your group. It is available in both paperback and Kindle version. Her book may be purchased through Amazon.com by going to [http://www.amazon.com/Pure-Heart-Thoughts-Authentic-Leadership/dp/1500425400/ref=sr\\_1\\_1?ie=UTF8&qid=1405975767&sr=8-1&keywords=pure+heart+thoughts](http://www.amazon.com/Pure-Heart-Thoughts-Authentic-Leadership/dp/1500425400/ref=sr_1_1?ie=UTF8&qid=1405975767&sr=8-1&keywords=pure+heart+thoughts).

**More about Dr. Shana Garrett:**

Dr. Garrett began her career in education by driving the successes of two online programs for Pepperdine University in Educational Technology, which has led to over ten years of progressive administrator experience in both online and ground platforms. Her administrator experience is supported by several years of faculty experience in both post-